

1ST MEDITERRANEAN KINESIOTAPING CONGRESS
DECEMBER 8-10, 2017
ANKARA GÜVEN HOSPITAL 14 MART CONFERENCE HALL

SCIENTIFIC PROGRAM

8 DECEMBER 2017

08.00-10.00 *REGISTRATION & OPENING*

09.00-09.30 Kinesio Taping in Turkey
Gül BALTACI & Kamil YAZICIOĞLU

09.30-10.00 Kinesio Taping in the WORLD: Challenges
Stefano FRASSINE

10.00-10.30 Changes in Applications
Gül BALTACI

10.30-11.00 *BREAK*

Evidence-Based Kinesio Taping

11.00-11.30 Research on Muscular Mechanics within the Context of
Fascial Integrity and It's Implications for Kinesio Taping
Can YÜCESOY

11.30-11.45 Ultrasonography Scanning
Ebru UMay

11.45-12.00 Histological Screening
Nihan KAFA

12.00-12.15 **Discussion**

12.15-13.30 *LUNCH*

Round Table Lecture

13.30-14.10 Approach to Problem-Based in Clinic: EDF
Nihan ÖZÜNLÜ PEKYAVAŞ

13.45-14.00 Kinesio Taping after Cardiac Surgery
Şahveren ÇAKARTAŞ

14.00-14.15 Ice Application or Kinesio Taping in DOMS?
Berkiye KIRMIZIGİL

14.15-14.50 Clinical Reasoning and Kinesio Taping
Kostas DIAMANTOPOULOS

14.50-15.00 **Discussion**

15.00-15.30 *BREAK*

15.30-17.30 **WORKSHOP** **Stefano FRASSINE**
WORKSHOP **Kostas DIAMANTOPOULOS**

Kinesio Taping in Neurological Diseases

- 09.00-09.15** Spasticity
Gökhan YAZICI
- 09.15-09.30** Balance and Proprioception
Haydar GÖK
- 09.30-09.45** Cerebral Palsy
Evrin KARADAĞ SAYGI
- 09.45-10.00** Different Applications of Kinesio Taping: Artificial gait pathologies
Ekin AKALAN
- 10.00-11.00** **ORAL PRESENTATIONS**

11.00-11.30 **BREAK**

Kinesio Taping in Chronic Pain

- 11.30-11.40** Myofascial Pain
Duygu GELER KÜLCÜ
- 11.40-11.50** Low Back Pain
Gamze ŞENBURSA
- 11.50-12.00** Overuse Injuries
Dilşad SİNDEL
- 12.00-12.15** **Discussion**

12.15-13.30 **LUNCH**

Kinesio Taping in Performance

- 13.30-13.45** Kinetic & Kinematic Analysis
Elif TURGUT
- 13.45-14.00** Stretching
Emrullah HAYTA
- 14.00-14.15** Jumping
Serkan UZLAŞIR
- 14.15-14.30** Muscular Strength
Gülcan HARPUT
- 14.30-14.45** **Discussion**
- 14.45-15.00** **BREAK**

Kinesio Taping in Musculo-skeletal Disorders

- 15.00-15.15** Scoliosis
Gülseren KAYALAR
- 15.15-15.30** Diaphragma
Murat TOMRUK
- 15.30-15.45** Dystonia and Torticollis
Murat ZİNNUROĞLU
- 15.45-16.00** Subacromial Impingement Syndrome
Müge KEPEKÇİ ERDUGAN
- 16.00-16.15** Patellofemoral Pain Syndrome
Volga BAYRAKCI TUNAY
- 16.15-16.30** **DISCUSSION**
- 16.30-18.00** **ORAL PRESENTATIONS**

10 DECEMBER 2017

- 09.00-11.00** **WORKSHOPS**
- WORKSHOP: Pediatrics
Şehnaz YÜCE- Evrim SAYGI
- WORKSHOP: Lymphedema
Pınar BORMAN – Figen AYHAN
- WORKSHOP: Spine
Reyhan ÇELİKER – Kamil YAZICIOĞLU
- WORKSHOP: Swallowing
Numan DEMİR - Erkan KILINÇ
- WORKSHOP: Clinical Pilates and Kinesio Taping
Gül BALTAÇI – Aydan AYTAR – Zeynep BAŞ